



RULES AND REGULATIONS

Game : Karate (Girls & Boys)

1. The Championships will be conducted based on the Rules & Regulations of World Karate Federation and Karate Association of India.
2. The competitions will be held in the following three categories U-14, U-17 & U-19 years age.
3. At Cluster Level, only two players from each school can participate in each age group and weight category.
4. No change or re-arrangement of contestants will be allowed after the entries are submitted. A contestant who fails to qualify at any stage will be disqualified and no other contestant can be substituted in his/her place.
5. A contestant must fit exactly into his/her weight category and cannot contest in a higher or lower weight category. Each contestant shall be permitted upon the scale only once during the official weigh-in. If the contestant's weight is above or below the prescribed limits of that weight category, he/she shall be disqualified.
6. All matches will be of 02 (two) minutes in case of U14 & U 17 boys and girls, and 3 (three) minutes in case of U19 boys and girls.
7. Any contestant and/or officials who by work, action or deed disturb and/or interrupts the smooth and normal conduct of the Championships will be liable for IMMEDIATE disqualification.
8. The school Organizing Cluster/Zonal level competition shall take a Group Photo of the teams that have qualified to participate at Zonal/National level competition. The photo shall be signed by the host school Principal and forwarded to the school organizing next level of competition along with the original entry Performa.

Weight Categories for under 14 boys :

Less than 20 Kg, 20-25 kg, 25-30 kg, 30-35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50-55 kg, 55-60 kg and more than 60 Kg

Weight Categories for under 14 Girls:

Less than 18 Kg, 18-22 kg, 22-24 kg, 24-26 kg, 26-30 kg, 30-34 kg, 34-38 kg, 38-42 kg, 42-46 kg, 46-50 kg and more than 50 kg.

Weight Categories for under 17 Boys:

Less than 35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50- 54 kg, 54-58 kg, 58-62 kg, 62-66 kg, 66-70kg, 70-74kg, 74-78 kg, 78-82 kg and more than 82 kg.

Weight Categories for under 17 Girls:

Less than 32 kg, 32-36 kg, 36-40 kg, 40-44 kg, 44-48 kg, 48-52 kg, 52-56 kg, 56-60 kg, 60 -64 kg, 64-68 kg and more than 68 kg.

Weight Categories for under 19 Boys:

Less than 35 kg, 35-40 kg, 40-45 kg, 45-50 kg, 50-54 kg, 54-58 kg, 58-62 kg, 62-66 kg, 66-70kg, 70-74kg, 74-78 kg, 78-82 kg and more than 82 kg.

Weight Categories for under 19 Girls:

Less than 32 kg, 32-36 kg, 36-40 kg, 40-44 kg, 44-48 kg, 48-52 kg, 52-56 kg, 56-60 kg, 60 -64 kg, 64-68 kg and more than 68 kg.